

Workshop series “Dutch up your life!”

by Neo Coaching & Three Circles

The **Dutch up your life!** workshops helps you to settle in and feel at home in the Netherlands. The workshops are designed to complement each other, but you can also attend them separately.

Workshop 1

Cycle you Dutch: Delft *Settling in*

This informative workshop will provide you with practical information necessary for settling in and getting to know the Dutch people & culture. Topics like Dutch manners, municipality, schools, etc. will be discussed. In addition, a guided walk through the historic center of Delft visiting the municipality and Delft library is included. Meet Delft, the Dutch & other expats!

Workshop 3

Going Dutch: Work life balance *Defining your life*

This workshop is all about your needs and desires for your life in the Netherlands. What do you wish for your private life or career? Is this realistic and how can you make this happen? This workshop will help you to take charge of your life (again) and to achieve your goals. Start defining and building your own life in the Netherlands!

For more information, please contact us:

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“Self-reliance and resilience are key in our workshops”

Workshop 2

Navigate yourself through NL *Feeling at home*

This workshop will help you thrive and feel more at home in Dutch society. Awareness and understanding the differences and similarities between your own culture and the Dutch will make it easier to connect with the Dutch and build your life in the Netherlands. You will get tips & tools to embrace your life abroad and to deal with cultural differences. This workshop will make you more resilient for your Dutch adventure.

Workshop 4

Dutch design your career *Understanding Dutch business culture*

This workshop will give you insight into Dutch business culture, etiquette and preferred social skills. You will get tips & tools to communicate more effectively and improve your performance within a Dutch business environment. Essential for those who want to become more effective within a Dutch workplace or those who want to apply for (voluntary) work.